

## **Resource List**

### **Design an Edible Native Plant Garden**

#### **Kristin DeSouza**

#### **Reading List**

"Wild Food" by Roger Phillips

(Great book from the 80's with lots of recipes and good photos)

"Edible: An Illustrated Guide to the World's Food Plants"

(National Geographic book. Beautiful book!)

"Forest Gardening" by Robert Hart

(One of the original fathers of the movement from England) (good you tube videos of him in his garden)

"Edible Forest Gardens" by Dave Jacke

(A textbook look at EFG, two set edition)

"Edible Estates: Attack on the Front Lawn" by Fritz Haeg

(Social Art Project and Great essays on Lawn's in the intro, one by Michael Pollan)

"Mycelium Running" by Paul Stamets

Anything Michael Pollan.....

"Gaia's Garden A Guide to Home-Scale Permaculture" by Toby Hemenway

"Perennial Vegetables" by Eric Toensmeier

"Wild Plants I have Known....and Eaten  
by Russ Cohen

"A Country Harvest" by Pamela Michael Excellent Recipes

"Native Harvests Botanicals and Recipes of the American Indian" by Barrie Kavasch

#### **Websites**

[www.pfaf.org](http://www.pfaf.org) Plant for a Future - Medicinal and edible plant database

[www.wildflower.org](http://www.wildflower.org) Ladybird Johnson's native plant database

[www.plants.usda.gov](http://www.plants.usda.gov) Non native and native plant database

#### **Plant Sources**

Fedco Trees- Waterville, ME hardy bare root stock.

Oikos- Upper Peninsula Michigan bare root stock. Lots of native edibles!

